

# Finding the Right Balance within the Various Elements of an Anti-Doping Programme

ARISF / WADA Anti-Doping Session

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# The Elements of an Anti-Doping Programme

- Testing
- Therapeutic Use Exemptions (TUEs)
- Results Management
- Education
- (Research)



# The Elements of an Anti-Doping Programme

- Ongoing / Planned  
Testing, Education
  
- Unpredictable  
TUEs, Results Management



## Therapeutic Use Exemptions Set-up phase

- Scope (International-Level Athletes)
- Recognition policy
- TUE Committee
- Define procedures (Athletes, internal)
- ADAMS set-up
- Display relevant information (Athletes, NADOs, NFs)





# Therapeutic Use Exemptions Implementation

Be prepared to deal with:

- Applications from International-Level Athletes that do not have already a TUE granted by a NADO (including emergency TUEs)
- Retroactive TUEs (non International- or National level Athlete tested under IF's Authority)
- Applications for Recognition (depending on policy)



## Result Management

### Set up Phase

- Define Initial Review Process
- Define Hearing Process

### Implementation Phase

- Adverse Analytical Findings
- Atypical Findings
- Non-Analytical potential Anti-Doping Rules Violations



## Testing

In-Competition

Out-of-Competition

- Registered Testing Pool
- Whereabouts (notification, monitoring, whereabouts failures management)
- Pre-Competition



## With the Revised Code, moving to “smarter” Testing

- Risk Assessment (including TD)
- Overall pool of Athletes
- Prioritizing between sports and/or disciplines
- Prioritizing between Athletes (Target Testing)
- Prioritizing between different types of Testing
  - Urine / blood / passport
  - In-Competition (IC) / Out-of-Competition (OOCT)





## With the Revised Code, moving to “smarter” Testing

- The risk assessment will determine the balance between IC and OOC
- IST Art.4.6.1.a acknowledges that a limited portion (or no OOC in exceptional cases) of OOC can be conducted
- Consequences on collecting whereabouts information
  - ⇒ only collect information that is needed
  - ⇒ RTP subject to Code Art.2.4 when at least 3 OOC samples are planned to be collected



## Education

### 2015 Model Rules Art.19

[IF] shall plan, implement, evaluate and monitor information, education and prevention programs for doping-free sport on at least the issues listed at Article 18.2 of the Code, and shall support active participation by Athletes and Athlete Support Personnel in such programs.

- ⇒ Education is a **key** element of an anti-dopingthe programme !
- Dedicate time to provide updated, accurate and user-friendly information (website)
  - Plan specific programmes



## Education

Dedicate time to provide updated, accurate and user-friendly information (website)

Plan specific programmes

Athletes and Athletes Support Personnel

Outreach, Seminars

E-learning programmes (eg WADA tools)





# Intelligence & Investigation

## Code Art. 5.8

- Obtain, assess and process anti-doping intelligence
- Investigate Atypical Findings and Adverse Passport Findings
- Investigate any other analytical or non-analytical information or intelligence

No specific provision in the IF Model Rules

Flexibility is given, however IFs must have a procedure in place to handle intelligence received





## Conclusion

Pay the utmost attention to the set up phases

=> Take the opportunity of revising the Rules to clarify and simplify

Be realistic

⇒ What will be in the Rules must be applicable when it comes to the implementation phase

Testing will become smarter and more efficient

⇒ Increase the focus on Education

**The SportAccord DFSU is always available to help !**

Thank You !

